At ManeGait Therapeutic Horsemanship, children and adults with disabilities move beyond their boundaries through the healing power of the horse and the dedication of a professional and caring community.
ManeGait Programs

ManeGait Therapeutic Horsemanship is a PATH Premier Accredited Equine Center dedicated to helping children and adults with physical, emotional, cognitive, sensory, and behavioral disabilities. Founded in 2007 by community leaders Bill and Priscilla Darling and their daughter, Landon Darling Schneider, ManeGait has had the privilege of serving the North Texas community for over 10 years.

Therapeutic Horseback Riding – ManeGait’s core riding program consists of weekly private or small group lessons where riders learn to walk, trot, canter, jump, and compete as equestrians. Horseback riding is a rewarding activity that provides many physical, cognitive, and emotional benefits. These benefits include greater core strength, balance, coordination, and speech; as well as confidence, independence, teamwork, and the unconditional acceptance and companionship of a horse.

GaitWay to the Brain – Developed at ManeGait, GaitWay is the first program of its kind to integrate brain-building exercises into the framework of equine therapy to extend and amplify the benefits of riding. Outcomes of the GaitWay program have been validated by third-party research and have led to replication of the program at riding centers across the U.S. and Canada.

Therapeutic Carriage Driving – Carriage Driving is a form of equine-assisted therapy where participants drive a horse-drawn carriage or cart. The program promotes coordination, fine and gross motor skills, visual perception, spatial awareness, and independence.

ManeGait to Freedom – This program is designed to support the needs of military veterans and first responders, providing the mind and body benefits of therapeutic riding and building community among participants.

How to Become Involved

Volunteer – ManeGait is supported by over 275 dedicated volunteers each week. Many participate in riding lessons as horse-leaders or side-walkers. Some enjoy caring for our therapy horses, and others help with facility upkeep or administrative tasks. Volunteers must be 14 years or older.

[manegait.org/volunteer]

Make a Tax-Deductible Donation – To keep costs affordable for our rider families, over 85% of ManeGait’s operating budget is funded through individual donations, foundation grants, and fundraising events.

[manegait.org/donate]

Come to the Party! – ManeGait hosts three community fundraising events each year.

[manegait.org/events]

• ManeGait Country Fair (April 28, 2018)
• ManeGait Rider Cup Golf Tournament (June 4, 2018)
• 11th Annual Gala at the ‘Gait (October 6, 2018)

Follow ManeGait on Social Media – Stay up to date on news and events at ManeGait.

[facebook.com/manegait]
[instagram.com/manegait]

Hope & Healing at ManeGait

“William says, ‘Riding is fun. It’s a way to make friends with the other riders, the instructors, and the horses.’

...When he’s riding, it doesn’t matter that he can’t run or jump. He has become stronger and his gait is better.

Of all the things we do to give William the best quality of life, therapeutic horseback riding provides the biggest return. We are so grateful that he has had this opportunity.”

Mother of William, ManeGait Rider

To learn more about ManeGait programs, please visit www.manegait.org