

# Straight from the Horse's Mouth

Therapeutic Horsemanship e-Newsletter



Learn more about ManeGait [Video Link](#)

## THERAPEUTIC RIDING

Because of the natural rhythm of the horse's gait and the bond formed between horse and rider, equine assisted therapeutic riding lessons often produce life-changing results.

ManeGait currently offers [Therapeutic Riding](#). Use the links to the right to learn more about what therapeutic horsemanship can do.

## HOW YOU CAN HELP

### Volunteers

Getting involved at ManeGait is a great way to give back to the North Texas community. Learn more about job openings and volunteer opportunities. Contact Kathy Martin for details. [Click here](#)

### Donations

ManeGait is graciously accepting monetary donations, in-kind donations, and donations from our Wish List. [Click here](#) to donate.

### Wish List

- Stable supplies
- Horse and tack equipment
- Machinery and tools
- Gift cards

[Click here](#) to see the entire wish list.

## FEATURE STORIES



### 2008 Volunteer of the Year

ManeGait's 2008 Volunteer of the Year is Elaine Wintory. Elaine has accumulated over 400 hours of service as of 12/08. Her involvement in helping to establish our policies and procedures has proved to be invaluable. She enjoys being a lesson volunteer and wants to learn how to ride.

Her kind heart coupled with her dedication make her the perfect choice for volunteer of the year!

Many rewards come to those who volunteer at ManeGait. Come see the difference you can make in the life of a child or adult with disabilities.

## IN THE NEWS

### ManeGait Therapeutic Horsemanship

is the recipient of Joplin Compressor Services People Serving People \$25000 annual grant.



From L-R: Lili Kellogg, ManeGait Director; Priscilla and Bill Darling, ManeGait Co-Founders; Ryan Vitz, Bill Joplin and Charlette Vitz. Thank you to our Founder's Club (\$50,000) Beth and Steve Darling, Whitley Place Development, Rodman Companies.

## UPCOMING EVENTS

### Volunteer Training 1/24/09

Our next volunteer training is Saturday, January 24th from 9am-2pm. The training consists of an introduction to therapeutic riding with a presentation by our director, Ms. Lili Kellogg. Lunch will be served, followed by hands-on training. You will learn grooming and tacking with an emphasis on safety and the ManeGait Way! You will learn how to be a sidewalker and the role of the horse leader.

### Horse Leader Training 1/27/09

Our next Horse Leader Training is scheduled for Tuesday, January 27th in the evening. You must be approved by the director to attend this training.

**Fact: Over 500,000 people in North Texas have a disability**

## TESTIMONIALS

### Maxwell Stone (*Max is a child with autism*)

My First Experience at ManeGait from the parents perspective

At first I was a little intimidated. After all, I am only 2 and 1/2 years old and had never seen a real horse. The pictures I have at home are small and the real thing is so BIG! However, once I met Miss Jenny and my walkers Marie, Britta and Gloria, I... [Read more.](#)



## DID YOU KNOW

- 1 in 150 children is diagnosed with autism
- 67 children are diagnosed per day
- Autism is the fastest growing serious developmental disability in the US
- Boys are 4 times more likely than girls to have autism

If you have any friends who would like to ride at ManeGait, contact Director Lili Kellogg

